

Intervention criterion

This sheet explains who can request our services, the information they need to provide and the kind of issues that mentoring can assist with.

1. Who can make requests for mentoring intervention? (often known as 'referrals):

- Senior school staff and/or designated school liaison person *as per signed Statement of Understanding between school and Lifespace*
- Connexions Personal Advisors
- Parents
- Legal carers / guardians
- Foster parents
- Educational Social Workers
- Family Support Workers
- CAF Officers
- Social workers
- Doctors
- Leaders in the community (e.g. church leaders)
- Self-refer (e.g. young person aged 10-19) with written parental/carer consent where appropriate

2. Lifespace will not accept Mentoring Intervention Requests by:

- Email or fax without an authorised signature on the Intervention Request form
- Verbal arrangements must be backed up by a completed and signed Intervention Request form *which is available from the Lifespace website*

3. General considerations:

- Has the referrer met with the parent(s)/carer(s) of the young person and obtained their written consent? *A parent / carer consent form is available from our website*
- Has mentoring been discussed and explained with the young person?
- Have issues of risk been identified and a risk assessment been completed? *A Risk Assessment form is printed on the reverse side of the Intervention Request form*

4. Basic Intervention Request information:

- Young person's full name
- Date of birth
- Home address
- Telephone contact no.
- Name and location of school
- Name of tutor
- Year group
- Name and position of person making Intervention Request; the Organisation they are from, their contact details, signature
- Is a risk assessment necessary - listing current/historic warning signs; appropriate actions in light of known risks



- Who has legal responsibility of the young person
- Parent / carer contact no.

5. Considerations for making an Intervention Request:

- What specific difficulties will mentoring intervention address in the life of the young person?
- Longevity of issue? Is this recent or historic?
- Why seeking help now?
- What other intervention has been tried already or is currently in place?
 - o E.g. counselling, CBT, support from Integrated Disability Services
- Are there any specific recent issues of loss (through bereavement, divorce, change of schools etc.)?
- Is signposting to another organisation a relevant consideration?

6. Other agencies that may make Mentoring Intervention Requests*:

- CAMHS - Child and Adolescent Mental Health Services
- Police / probation
- Warks Young Persons Substance Misuse Service
- Mental Health Team

*It is essential that a mentor is able to have ‘psychological contact’ with the young person - e.g. if there is the presence of severe mental health or disability issues, drug/alcohol concerns (etc.) then mentoring cannot continue, and will only be resumed if there is clear evidence that psychological contact is able to happen.

7. Checklist of factors of which mentoring intervention may be able to assist:

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| <ul style="list-style-type: none"> • Family situation / breakdown • Sexuality • Negative attitude towards home, school, others • Failing to take responsibility • Learning difficulties • Underachievement at school • Low self-esteem • Mild depression • Weak supportive network • Bullying / isolation • Low level self-harm • Problems with school attendance • Accessing positive / leisure activities e.g. sports | <ul style="list-style-type: none"> • Low level drug, alcohol or substance misuse • Transitions with family, school • Broken relationships • Stress • Unable to manage anger / emotions • Poor organisation at school • Unhealthy lifestyle • Parental illness • Personal illness • Parental conflict • Criminal behaviour • Personality disorders |
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