



How to Drug Proof Your Kids

Alcester, Warks

25th May - 6th July 2010

10 parents attended with average 87% attendance rate over the 6 weeks

Feedback:

“This course has helped me to...”

- Become more informed; I realise I'm not alone in having problems with our children; I get to hear alternative approaches from other parents
- Recognise the need for other responsible adults as role models in my child's life
- Understand the effects of alcohol and recreational drugs
- Listen to my children more and to HEAR what they are saying
- Think about being a coach not a lifesaver
- Be aware of issues around drug abuse
- Being better informed
- Becoming more confident at saying 'no'
- Have a deeper understanding about the drugs around children in the modern world and have a better idea where to seek help
- Keep communication going and being open towards kids

“Something I particularly liked was...”

- Meeting Hope UK to understand real drugs
- Understanding the road to Drug misuse
- That there is still hope
- Recognising the wide variety of drugs (from Hope UK) that young people might encounter
- Discussions re: communications with children
- Listening to others' experiences
- Looking at strategies to better inform children of the risks
- The support and understanding
- That there was a lot of information about how to specifically deal with children and drug issues